Ballet Elite 2025-2026 Schedule by Style/Level		
BALLET	SCHEDULED DAYS/TIMES	
Mommy & Me Ballet (Age 2)	Tues (3:45-4:30pm) Fruzsina	
Pre-Ballet 1 (Ages 3 & 4)	Tues (4:30-5:30pm) Lisa	Sat (9:30-10:30am) Jen
Pre-Ballet 2 (Age 4, Evaluation Required)	Tues (5:30-6:30pm) Lisa	Sat (10:30-11:30am) Jen
Ballet 1 (Ages 5 & 6)	Wed (5:00-6:00pm) Lisa	Sat (10:30-11:30am) Kim
Ballet 2 (Ages 6-7, Evaluation Required)	Wed (4:00-5:00pm) Lisa	Sat (12:30-1:30pm) Kim
Ballet 3 (Ages 7-9, Evaluation Required)	Thurs (6:00-7:00pm) Melissa	Sat (10:30-11:30am) Lisa
Child Beginning Ballet (Ages 7-10)	Sat (11:30-12:30pm) Kim	
Child Intermediate Ballet (Ages 9-11, Evaluation Required)	Tues (4:00-5:00pm) Rachel	Sat (10:30-11:30am) Lisa
Child Advanced Ballet (Ages 9-12, Evaluation Required)	Wed (6:00-7:00pm) Lisa	Sat (1:30-2:30pm) Kim
Junior Intermediate 1 Ballet (Ages 11 & up, Evaluation Required)	Thurs (4:30-5:30pm) Melissa	Mon (7:30-8:30pm) Melissa
(continued)	Sat (12:30-2:00pm) Lisa	
Junior Intermediate 2 Ballet (Ages 11 & up, Evaluation Required)	Thurs/*Pointe (6:30-8:00pm) Lisa	Mon (7:30-8:30pm) Melissa
(continued) *Note - Some dancers are not on pointe.	Sat (12:30-2:00pm) Lisa	
Junior Beginning Pointe (New Pointe Students by Invitation - Ages 11 & up)	Thurs (5:30-6:00m) Lisa	
Junior Elite Ballet (Ages 13 & Up, Evaluation Required)	Mon (6:00-7:30pm) Dana	Wed/Pointe (6:00-7:30pm) Mifa
Teen Ballet (Ages 11 & up)	Tues (6:30-7:30pm) Lisa	
Teen Intermediate 1 Ballet (Ages 11 & up, Evaluation Required)	Mon (6:00-7:00pm) Lisa	Sat (12:30-2:00pm) Lisa
Teen Beginning Pointe (New Pointe Students by Invitation - Ages 11 & up)	Sat (2:00-2:30pm) Lisa	
Teen Intermediate 2 Ballet (Ages 13 & up, Evaluation Required)	Fri/Pointe (6:30-8:00pm) Lisa	Sat (12:30-2:00pm) Lisa
Teen Elite Ballet (Ages 13 & up, Evaluation Required)	Mon (4:30-6:00pm) Dana	Wed/Pointe (4:30-6:00pm) Mifa
(continued)	Sat/Pointe (12:30-2:00pm) Mifa	
Senior Elite Ballet (Ages 15 & up, Evaluation Required)	Mon (4:30-6:00pm) Dana	Wed/Pointe (7:30-9:00pm) Mifa
(continued)	Sat/Pointe (12:30-2:00pm) Mifa	
Adult Ballet (Ages 18 & up)	Mon (7:30-8:30pm) Lisa	
CONTEMPORARY & LYRICAL (Ballet Class Must Also Be Taken)		
Lyrical 1 (Ages 4-6)	Wed (4:00-5:00pm) Natalie G	Sat (11:30-12:30pm) Brianna
Lyrical 2 (Ages 6-8)	Wed (5:00-6:00pm) Natalie G	Sat (11:30-12:30pm) Brianna
Mini/Junior Lyrical (Ages 8-12)	Thurs (5:00-6:00pm) Natalie G	Sat (12:30-1:30pm) Brianna
Junior Intermediate 1 Contemporary (Ages 10-13, Evaluation Required)	Tues (5:00-6:00pm) Rachel	

Junior Intermediate 2 Contemporary (Ages 10-13, Evaluation Required)	Tues (5:00-6:00pm) Natalie G	
Junior Elite Contemporary (Ages 10-13, Evaluation Required)	Mon (5:30-6:30pm) Mika	
Teen Contemporary (Ages 11 & up)	Wed (7:00-8:00pm) Brianna	
Teen Intermediate Contemporary (Ages 11 & up)	Thurs (5:00-6:00pm) Cheyenne	
Teen Elite Contemporary (Ages 11 & up, Evaluation Required)	Thurs (7:30-9:00pm) Mika	
Senior Elite Contemporary (Ages 14 & up, Evaluation Required)	Tues (5:30-7:00pm) Mika	
CONTEMPORARY BALLET		
Teen/Senior Elite Contemporary Ballet (Ages 13 & up, Evaluation Required)	Fri/Pointe (5:00-6:00pm) Melanie	
TAP		
Tap 1/Jazz 1 Combo (Ages 4-6)	Fri (5:00-6:00pm) Chrissi	
Tap 2 (Ages 7-11)	Wed (5:00-6:00pm) Chrissi	
Mini/Junior Tap (Ages 10 & up, Evaluation Required)	Wed (6:00-7:00pm) Chrissi	
Teen/Senior Elite Tap (Ages 11 & up, Evaluation Required)	Fri (7:00-8:00pm) Chrissi	
Adult Tap (Ages 18 & up)	Fri (6:00-7:00pm) Chrissi	
JAZZ		
Tap 1/Jazz 1 Combo (Ages 4-6)	Fri (5:00-6:00pm) Chrissi	
Jazz 2 (Ages 6-8)	Fri (4:00-5:00pm) KP	
Mini/Junior Jazz (Ages 8-12)	Fri (6:00-7:00pm) KP	Sat (9:30-10:30am) Brianna
Junior Intermediate Jazz (Ages 10-13, Evaluation Required)	Fri (5:00-6:00pm) KP	
Junior Elite Jazz (Ages 10-13, Evaluation Required)	Tues (7:30-8:30pm) Cheyenne	
Teen Intermediate Jazz (Ages 11 & up)	Tues (7:30-8:30pm) KP	
Teen/Senior Elite Jazz (Ages 11 & up, Evaluation Required)	Thurs (5:30-6:30pm) Mika	
MODERN (Prerequisite 1 Year Ballet Experience & Ballet Class Must Also	o Be Taken)	
Mini/Junior Modern (Ages 8 & up, Evaluation Required)	Fri (4:00-5:00pm) Melanie	
Junior/Teen Modern (Ages 11 & up, Evaluation Required)	Wed (7:30-8:30pm) Melanie	
Teen/Senior Elite Modern (Ages 13 & up, Evaluation Required)	Wed (6:00-7:00pm) Melanie	

LEAPS & TURNS, IMPROV, & FLOOR WORK		
Mini/Junior Leaps & Turns (Ages 8-12)	Thurs (4:00-5:00pm) Natalie G	
Junior Intermediate Leaps & Turns (Ages 10-13, Evaluation Required)	Thurs (6:30-7:30pm) Natalie G	
Junior Elite Leaps & Turns (Ages 11-13, Evaluation Required)	Mon (4:30-5:30pm) Mika	
Teen Leaps & Turns (Ages 11 & up)	Sat (10:30-11:30am) Brianna	
Teen Elite Leaps & Turns (Ages 13 & up, Evaluation Required)	Tues (8:30-9:30pm) KP	
Senior Elite Leaps & Turns (Ages 13 & up, Evaluation Required)	Thurs (4:30-5:30pm) Mika	
Improv (Ages 11 & up, Evaluation Required)	Fri (6:00-7:00pm) Melanie	
Floor Work (Ages 11 & up, Evaluation Required)	Fri (7:00-8:00pm) Melanie	
HIP-HOP		
Hip-Hop 1 (Ages 4-6)	Mon (4:00-5:00pm) Sarah	Sat (9:30-10:30am) Sarah
Hip-Hop 2 (Ages 6-8)	Fri (5:00-6:00pm) Sarah	Sat (9:30-10:30am) Sarah
Mini/Junior Hip-Hop (Ages 8-12)	Fri (4:00-5:00pm) Sarah	Sat (11:30am-12:30pm) Sarah
Junior Intermediate Hip-Hop (Ages 10-13, Evaluation Required)	Mon (5:00-6:00pm) Sarah	
Junior Elite Hip-Hop (Ages 10-13, Evaluation Required)	Tues (6:30-7:30pm) Ben/Sarah	
Teen Hip-Hop (Ages 11 & up)	Tues (8:30-9:30pm) Sarah	
Teen Intermediate Hip-Hop (Ages 11 & up, Evaluation Required)	Mon (7:30-8:30pm) Sarah	
Teen/Senior Elite Hip-Hop (Ages 14 & up, Evaluation Required)	Tues (7:30-8:30pm) Ben/Sarah	
<u>ACRO</u>		
Acro 1 (Ages 4 - 6)	Mon (5:00-6:00pm) Kristin	
Acro 2 (Ages 7 & up)	Mon (4:00-5:00pm) Kristin	Fri (7:00-8:00pm) KP
Acro 3 (Ages 7 & up, Evaluation Required)	Mon (6:30-7:30pm) Kailena	Fri (7:00-8:00pm) KP
Acro 4 (Ages 10 & up, Evaluation Required)	Mon (7:30-8:30pm) Kailena	
MUSICAL THEATER		
Mini Musical Theater (Ages 7-10)	Wed (4:00-5:00pm) Chrissi	
Junior/Teen Musical Theater (Ages 10 & up)	Fri (8:00-9:00pm) Chrissi	
CORE STRENGTHENING		
Stretch & Conditioning Class (Ages 9 & up)	Tues (6:00-7:00pm) Rachel	Sat (11:30am-12:30pm) Mifa

Progressing Ballet Technique (Ages 9 & up)	Thurs (8:00-9:00pm) Lisa	Fri (8:00-9:00pm) Lisa
Teen/Senior Elite Condititoning (Ages 13 & Up, Evaluation Required)	Mon (6:30-7:30pm) Mika	